

Seniors' gathering: "Keys Bags Names Words"

This is an in-person event

Date January 14, 2025

Time 10:00 am to 11:30 am

Location Third floor program room

Event type [Seniors](#), [Seniors' gatherings](#)

Registration is closed.

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Event overview

January 14, 2025

10:00 am to 11:30 am

Gather with fellow seniors at the library, share stories and enjoy light refreshments. Drop-ins are welcome, but registration is encouraged. You can register at any service desk or by calling [604-998-3450](tel:604-998-3450). If you have any questions or concerns, please email info@nvcl.ca.

In light of Alzheimer's month in Canada, we are screening "[Keys Bags Names Words](#)," a documentary about hope in aging and dementia.

Dementia is one of the greatest fears of people today. This documentary shifts that narrative of fear and hopelessness to one of hope and action. There are things we can do as individuals to reduce our risk of developing dementia. There are ways to connect meaningfully with our loved ones, even if they no longer recognize us. We can live a high quality of life after diagnosis.

Running time is 85 minutes.

Registration is closed.

[Calendar](#)

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Next Events

Children

[Paws 4 Stories](#)

Saturday, April 5, 2025, 11:00 am to 12:00 pm

[Go to event](#)

Collaboratory

[Tech for tots](#)

Saturday, April 5, 2025, 11:15 am to 12:15 pm

[Go to event](#)

Gaming

[Family gaming](#)

Saturday, April 5, 2025, 2:30 pm to 4:00 pm

[Go to event](#)

Open door community hub

[Sunday open door community hub](#)

Sunday, April 6, 2025, 1:00 pm to 4:00 pm

[Go to event](#)

Collaboratory

[Open gaming: Minecraft](#)

Sunday, April 6, 2025, 2:00 pm to 3:30 pm

[Go to event](#)

Children

[Family drop-in](#)

Monday, April 7, 2025, 10:00 am to 12:00 pm

[Go to event](#)

Collaboratory

[iPhone and iPad help](#)

Monday, April 7, 2025, 10:00 am to 11:15 am

[Go to event](#)

General

[Elections Canada info table](#)

Monday, April 7, 2025, 2:00 pm to 5:00 pm

[Go to event](#)

Teens and tweens

[Teen open space](#)

Monday, April 7, 2025, 3:00 pm to 6:00 pm

[Go to event](#)

Teens and tweens

[Teen Art and Promotion Group meeting](#)

Monday, April 7, 2025, 3:30 pm to 4:30 pm

[Go to event](#)

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